

JULY 2021

Passaic County Technical-Vocational Schools

BREAKFAST



ALL MEALS ARE SERVED WITH FRUIT AND/OR 100% FRUIT JUICE. MILK OFFERINGS: LOW FAT WHITE MILK, CHOCOLATE & STRAWBERRY

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



July is National Blueberry Month! Top off a bowl of cereal with some berries or mix fresh fruit with plain fat-free or low-fat yogurt.



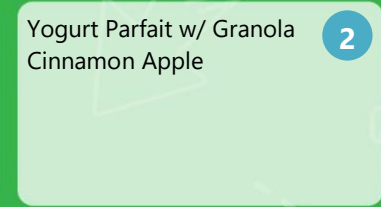
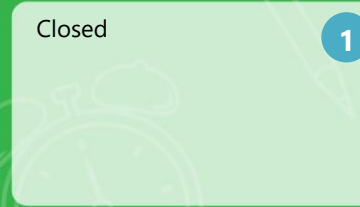
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NY Bagel
Cream Cheese
Fresh Berries

5

Egg & Cheese Croissant
Fresh Peach

6

Assorted Cereal
Fresh Orange

7

Frosted Pop-Tart
Mixed Berries

8

French Toast
Syrup
Cinnamon Apples

9

Egg & Cheese Croissant
Fresh Peach

12

NY Bagel
Cream Cheese
Fresh Berries

13

Yogurt Parfait w/ Granola
Cinnamon Apple

14

Assorted Cereal
Fresh Orange

15

Frosted Pop-Tart
Mixed Berries

16

Yogurt Parfait w/ Granola
Strawberries

19

Mini Pancake
Syrup
Fresh orange

20

Frosted Pop-Tart
Mixed Berries

21

Yogurt Parfait w/ Granola
Strawberries

22

Egg & Cheese Croissant
Fresh Peach

23

NY Bagel
Cream Cheese
Fresh Berries

26

Assorted Cereal
Fresh Orange

27

French Toast
Syrup
Cinnamon Apples

28

NY Bagel
Cream Cheese
Fresh Berries

29

Yogurt Parfait w/ Granola
Cinnamon Apple

30