

# JANUARY 2024

## PCTVS

### LUNCH



ALL MEALS ARE SERVED WITH FRUIT AND/OR 100% FRUIT JUICE. MILK OFFERINGS: LOW FAT WHITE MILK & CHOCOLATE

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE  
STUDENTS THAT QUALIFY FOR FREE OR REDUCED LUNCHES ARE ABLE TO RECEIVE 1 LUNCH PER DAY. ADDITIONAL LUNCHES ARE FULL PRICE



**ADDITIONAL DAILY LUNCH OPTIONS:**

**ASSORTED SALADS, FRESH SUB SANDWICHES, PROTEIN PACKS**

While it is our intention to serve our students their favorite meals every day, supply issues may make this challenging throughout the school year. **FULL PRICE LUNCH COST \$3.55**

#### MONDAY

**SCHOOL CLOSED**

1

#### TUESDAY

Chicken Tenders  
Dinner Roll  
Carrot Sticks  
Ranch Dipping Cup  
Fruit Cup

2

#### WEDNESDAY

Tech Cheeseburger  
W/G Bun  
Sweet Potato Tots  
Fresh Pear

3

#### THURSDAY

Meatloaf  
W/G Dinner Roll  
Mashed Potato  
Gravy  
Gala Apple

4

#### FRIDAY

Stuffed Bread Sticks  
Marinara Cup  
Caeser Salad  
Apple Slices

5

California Chicken  
Sandwich  
W/G Bun  
Lettuce, Tomato  
Fruit Cup

8

BBQ Beef Sandwich  
W/G Bun  
Corn on the Cob  
Fresh Pear

9

Penne Pasta w/ Creamy  
Tomato Sauce  
Mixed Greens Salad  
Gala Apple

10

Philly Cheesesteak  
W/G Bun  
Sauteed Red & Green  
Peppers  
Fresh Orange

11

Flat Bread Pizza  
Mixed Greens Salad  
Banana

12

**SCHOOL CLOSED**

15

Chicken Nuggets  
W/G Breading  
Steamed Corn  
Fresh Pear

16

All Beef Hot Dog  
W/G Bun  
Graham Cracker  
Sweet Potato Tots  
Fresh Pear

17

Baked Mac & Cheese  
W/G Dinner Roll  
Steamed Broccoli  
Gala Apple

18

Pizza Quesadilla  
Salsa cup  
3 Bean Salad  
Fresh Oranges

19

Meatball Hero  
W/G Bun  
Roasted Broccoli  
Gala Apple

22

Ciabatta Grilled Cheese  
W/G Bread  
Mixed Greens Salad  
Apple Slices

23

Nacho Day  
Ground Chicken,  
Cheese, Lettuce, Salsa  
Fresh Orange

24

Tech Cheeseburger  
W/G Bun  
Sweet Potato Tots  
Fresh Pear

25

French Bread Pizza  
Mixed Greens Salad  
Banana

26

Spicy Chicken Sandwich  
Lettuce, Tomato  
Ranch Dipping Cup  
Fruit Cup

29

Philly Cheesesteak  
W/G Bun  
Sauteed Red & Green  
Peppers  
Fresh Orange

30

General Tso Chicken  
Steamed Broccoli  
Vegetable Brown Rice  
Fresh Pear

31

